

I. BASIC PACKAGE

Detailed list of examinations as per medical areas

Internal medicine screening:

- Taking the medical history (anamnesis) by questionnaire
- Examination by medical specialist
- Identifying BMI (Body Mass Index)
- Waist circumference, waist-hip rate
- Identifying the risk of cardiovascular diseases
- Measuring blood pressure
- ECG examination at rest
- Calculating the Ankle-Arm index

Gynaecologic screening:

- Gynaecologic examination (colposcopy, vaginal cytology and ultrasound examination)
- Manual examination of the breasts

Urology screening:

- Examination by medical specialist

Digital imaging diagnostics:

- X-ray of the chest
- Abdominal and pelvis (transparent and complex) ultrasound (UH)

Clinical laboratory tests:

- Analysing the **blood** cells:
 - Vvt., Hgb. Htk., MCV, MCH, MCHC, Fvs, thrombocyte
 - Red blood cells sedimentation (We)
 - Chemical tests:
 - blood sugar, urea, creatinine, uric acid, SGOT, SGPT, gamma-GT,
 - se bilirubin, cholesterol, triglyceride
 - TSH
 - Detection of blood from **faeces** (Weber test)
 - Complete urine laboratory test

Supplementary examinations for ladies over 40, according to professional protocol:

- Mammography,
- Mamma ultrasound

Supplementary examinations for gentlemen over 40, according to professional protocol:

- PSA detection of prostate specific antigen for screening cancer

Each package also includes a final consulting with a specialist to summarize the results. The patient will be provided with a written document about it. The document will comprise the results, the evaluation of them, the specialist's opinion and the recommendations for the patient.

(The MES Ltd. reserves the right to modify the contents of the package if justified from medical aspect).